



# COVID-19 Game Amendments

## **Follow all Government Health Regulations and Mandates**

- This includes Provincial, City and Municipal restrictions – all Laws and Bylaw's must be adhered to at all times.

## **Personal Protection**

- Do not come to the game if you are ill, show any symptoms or have been around someone who is ill
- The use of mask is mandatory inside the building and dressing rooms. Take mask off prior to putting helmet on.
- The use of individual anti-bacterial hand sanitizer is recommended
- Players have to supply their own water bottles and clearly mark name on the side. Absolutely NO SHARING WATER BOTTLES!
- Absolutely NO SPITTING of any kind on or off the ice.
- Showers in the dressing rooms are closed and off limits to players. Avoid touching your eyes, nose or mouth
- Cover your mouth and nose with a tissue or into your elbow when coughing or sneezing
- Wash your hands often

## **Arrival/Departure at the Rink**

- Arrive 15 minutes maximum before scheduled game time
- Leave dressing room within 15 minutes upon game completion
- There will be absolutely no congregating parking areas before or after your game.
- Players must take equipment to their vehicle immediately after leaving the dressing room.

## **Social Distancing During the Game**

- There will be a no contact, "no handshakes or high fiving"
- After game completion we ask both teams to line up on respective blueline and raise your sticks to your opponent to signify sportsmanship and good game.
- During game, players must social distance on the bench
- Absolutely no drinking of alcohol in dressing rooms
- It is recommended that spectators be kept to a minimum
- It is recommended that children not be brought to the games.
- In the case that there is a restricted number of participants allowed at the facility, a no spectator rule may have to be utilized
- No conferences with referee's or group huddles
- All garbage must be placed in garbage bin supplied in dressing rooms. This includes all tape balls

**Referees/Timekeepers:**

- It is recommended that timekeepers wear a mask or face shield
- There will be no exchange of lineup cards, teams will have their players sign them and place in tray supplied before entering the rink area.
- Referee's will maneuver where they are comfortable calling the game, and will try to stay at least 2 meters away from players.
- Referee conferences are NOT PERMITTED adhering to distancing requirements.

Teams and/or players who do not adhere to the suggestions put forth by league and event organizers risk being refused to participate. It is imperative that all participants conduct themselves in a respectful and sportsmanlike manner. Failure to accept the necessary measures put forward by league management shall not be tolerated.

Thank you for your patience during these challenging times.

Sincerely,

**Sharon Richardson**

President,

Inside Edge Hockey Inc.